



Resource Announcement

NCI announces the availability of a new educational DVD/video, "Moving Beyond Breast Cancer," to help women know what to expect as they finish breast cancer treatment.

Finishing treatment is a much-awaited milestone and most women are eager to put the cancer experience behind them and get back to normal. Yet, the period of time just after treatment ends (called the re-entry phase) can be particularly difficult. As the intensity of their treatment experience wanes, women are often caught in a gap between wanting to return to normal, feeling like a different person from the experience, and not necessarily having the support to handle the emotions and reactions that may develop after treatment ends.

The 23-minute DVD/video features vignettes of women in different life stages who share their concerns and experiences regarding:

- Body Changes
- Emotions
- Relationships
- New Perspectives

Susan Love, M.D., breast cancer surgeon, shares medical insight on common reactions women have after breast cancer treatment in each of these areas.

The video was funded by an NCI grant to UCLA School of Public Health and The Jonsson Comprehensive Cancer Center; Patricia A. Ganz, M.D., Antronette Yancey, M.D. and Beth Leedham, Ph.D. served as executive producers with videography by Eric Slade. It was a product that was developed as part of a multisite, randomized, controlled trial of psychoeducational interventions for breast cancer patients. The trial demonstrated that a peer-modeling videotape can hasten recovery of energy during the re-entry phase in women treated for breast cancer, particularly among those who felt less prepared for re-entry. The full article is available in *J Clin Oncol* 23:6009-6018. copyright 2005 American Society of Clinical Oncology.

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Additional copies of the DVD/video are available by calling the National Cancer Institute's Cancer Information Service toll-free at 1-800-4-CANCER (1-800-422-6237) or by visiting online at www.cancer.gov.